

BROOKHAVEN NATIONAL LABORATORY



CAREGIVER SERIES

LEADING WITH EMPATHY: VIRTUAL ROUNDTABLE JAN 14, 3-4PM

Listen to 3 BNL Leaders share their leadership experiences around how they use and display empathy as a leader, in a crisis environment.

VALENTINE'S DAY VIRTUAL SHOW AND TELL FEB 16, 4-5PM

We invite BNL employees and their children to Show us "Things you Love" and tell us why it is meaningful.

VIRTUAL VOLUNTEERING: PROJECT HOPE MAR 17, 12-1PM

Come together for a meaningful opportunity for children in need of encouragement and support at Stony Brook Children's Hospital. This project can mean so much to these children, it says, "*Someone's thinking of you,*" and "*Someone's rooting for you,*" and "*We believe in you.*"

For more info and to register go to:
<https://www.bnl.gov/COVID19/caregiver/>

MAGELLAN HEALTH WEBINARS

Challenges of a Post-Quarantine Workplace: Adapting to the “Next Normal”

Jan 13, 2-3pm

Mental Skills Bootcamp: Performing at Your Best!

Feb 10, 2-3pm

Financial Planning in Uncertain Times

Mar 10 2-3pm



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